

# POST 16 2025/2026



## Welcome to Wilds Lodge Post 16

Wilds Lodge School is an independent, therapeutic 38 week specialist boarding and day provision for boys and girls (girls are accepted as day students only) primarily with social, emotional and mental health needs aged between 5 and 19. All the students at the school have an Education Health and Care Plan (EHCP). It was established in 2007 and aims to place an equal emphasis on the educational, social and psychological development of our students. The key to the success of the school is a strong ethos, developed by a highly experienced and capable staff, and the strength of the relationships between the staff and the learners.

Post 16 is set on Wilds Lodge Crossroads site. Wilds Lodge is able to offer Post-16 provision for students who are identified with complex needs and whom we feel will struggle to make the transition back home into local colleges. This can be for a variety of reasons; lack of appropriate provision in the home area, needing more time due to being out of the education system for a long period of time; perhaps increased social needs. The curriculum in Key Stage 5 is tailored explicitly to the individual and is able to offer a wide range of different subjects that are all designed to prepare our young learners for adulthood and life after Wilds Lodge.



▶▶▶▶ The Post 16 Team consists of a range of staff who all focus on providing the best education experience for our young learners that we can. Post 16 is lead by the Assistant Head who is responsible for planning and overseeing the curriculum for all our learners whilst ensuring their pastoral welfare and emotional well being are well met.

Our young learners are supported by a well experienced team of teachers, support staff and the behavioural welfare team and a range of therapists and careers advisor that can support them all with the "next steps". Our aim is to equip our young learners with as many skills as possible in preparation for their future.

21  
subjects

# RANGE OF SUBJECTS

**Princes Trust**

**Construction**

**Mechanics**

**Woodwork**

**ASDAN**

**Driving Theory**

**Sociology**

**Animal Care**

**Arts Award**

**Forest School**

**Digital Skills**

**GCSE PE**

**Catering**

**Public Services**

**Geography**

**History**

**Outdoor Ed**

**Greenspace**

**CAD**

**Statistics**

**GYM**

Students will all be timetabled for PSHE, Careers and Citizenship once a week

We offer next steps in both English and Maths

All Students will be given the opportunity to do Work Experience in the local community



# ANIMAL CARE

Animal Care is a vocational subject that teaches you how to look after animals safely, responsibly, and professionally. It includes learning about animal health, behaviour, feeding, housing, welfare,



## What will I learn?

- Animal welfare and ethics
- Feeding, cleaning, and handling animals
- Animal health checks and first aid
- Animal anatomy and behaviour
- Working in animal care environments
- Health & safety, biosecurity, and hygiene

## Who is suitable for this course?

If you are interested in working with animals and happy to work outdoors then this is the course for you. students of all abilities can take part in the scheme

## How will I be assessed?

### Qualifications

Animal Care offers a chance for learners to gain hands-on experience both learning to look after and learning about a wide range of different animals at our Crossroads site. Animal care qualifications are delivered through the AQA Unit Award Scheme (UAS). The UAS is a way of recording achievements and its 'can do' approach is used to boost student confidence, engagement and motivation.

## What could I do at the end of the course?

For learners already confident and skilled in working with horses we are also able to offer training for the British Horse Society Stage 1 care, Stage 2 care and Lunge and the Challenge award Assessment qualifications.

Leads to jobs in:

- Veterinary support
- Animal shelters or kennels
- Farming and livestock
- Animal grooming
- Zoos, aquariums, or safari parks
- Pet retail or training

# ART

Board: OCR



We are able to offer two options for Art and Design for our P16 students:

For students who need to build confidence and work on their practical and analytical skills, there is an Arts Award pathway. Students undertaking this will have the opportunity to work on projects, experiment with media and learn about key artists and movements in areas of interest.

Students who are already confident artists may be better prepared to sit the Art and Design GCSE. This is made up of coursework with a final exam at the end. The coursework comprises an accomplished portfolio demonstrating their ability to Refine, Record, Develop and Present their work and is worth 60% of the overall GCSE mark. Finally, students will be set an external task and produce a portfolio of work with a final piece to be created within exam conditions at the end, this will make up the final 40%. All work is internally assessed and externally moderated.

## What will I learn?

Studying Art and Design will enable students to experiment with different media and pathways, both the Arts Award and the GCSE will provide opportunities for students to develop their creative skills and build a portfolio of work to support their outcomes. Students will look at both historical and modern artists, develop skills in recording and developing their ideas and be supported to produce some successful finished pieces of Art. Both courses are flexible and staff and students are able to work together to find themes that are suitable and engaging for each individual studying.

## Who is suitable for this course?

If you are enthusiastic and passionate about Art and Design and want to develop your skills and understanding. We are lucky to have some fantastic facilities at school including a kiln for ceramic firing, printing equipment and Textile materials, this means we are able to facilitate a wide range of interests and abilities.

## How will I be assessed?

A portfolio of work is submitted for Arts Award which is externally assessed and moderated.

OCR GCSE Art and Design is marked internally. The course is made up of portfolio work - 60% and an externally set task which is a portfolio followed by an exam - making up 40%

For both assessments students will be guided by their tutors and support staff to ensure they are on track and support all individual learners to get the best outcomes.

## What could I do at the end of the course?

Studying Art and Design can lead to so many different career pathways, some that you may not even have considered; architect, graphic designer, fashion designer, animator, cake designer, interior designer and so many more.

The course can also really support you with some of your other subjects as it promotes problem solving, development and recording ideas, critical thinking and organisational skills, all important skills for success.



# ARTS AWARD

The Arts Award is a national qualification in the UK that supports young people in developing as artists and arts leaders. It's managed by Trinity College London in association with Arts Council England. The award encourages creativity and helps participants explore the arts in a structured but flexible way.



## Who is suitable for this course?

Anyone interested in any of the Arts - Music/Art/Drama/Media



## What will I learn?

Silver and Gold require leading an arts project or event. This builds valuable skills like teamwork, planning, time management, and public speaking.

You choose your own art form and focus (e.g., graphic design, dance, poetry, photography), so it's flexible and tailored to your interests.

## How will I be assessed?

Students will create an folder of evidence for each different objective of the course and this will be internally assessed.

## What could I do at the end of the course?

- Gold Arts Award earns 16 UCAS points, useful when applying to university or college.
- Helps build a strong creative portfolio, especially valuable for applying to creative arts courses (e.g., art, design, drama, music, film).
- Demonstrates initiative, creativity, and commitment—qualities valued by employers in all sectors, not just the arts.
- Promotes critical thinking, goal setting, and reflective practice—skills that are transferable to any career or further study.

For more information about the course, please speak to

ASDAN (Award Scheme Development and Accreditation Network) is a UK-based education charity that provides accredited courses and programs to help young people develop skills for learning, work, and life.



- A set of flexible, practical learning programs focused on:
  - Personal development
  - Employability skills
  - Independent living
  - Citizenship and community involvement
- Courses often include hands-on projects, real-life challenges, and portfolio-based assessments.
- Personal and Social Development (PSD)
- Employability
- Certificate of Personal Effectiveness (CoPE)
- Short Courses (e.g., Sports, Expressive Arts, Work Experience)
- Life Skills Challenges
- SEN-specific programs for learners with additional needs

## What could I do at the end of the course?

- Improves Employability
- Focuses on job readiness, CV writing, interview practice, and work experience.
- Recognised by many employers and colleges.
- Contributes to UCAS Points (CoPE Level 3)
- Some ASDAN qualifications can count towards UCAS points for university applications.

Improves Progression Options

- Supports transition to further education, apprenticeships, supported living, or employment.

## Who is suitable for this course?

Students Who Prefer Practical Learning

- Enjoy hands-on tasks and real-life challenges
- Learn better through doing rather than traditional exams
- Thrive in project-based or portfolio-based learning

## How will I be assessed?

ASDAN courses use practical, portfolio-based assessment rather than formal exams. This means you are assessed on the work you complete over time, including projects, challenges, and reflections.

# BTECH MUSIC

The BTEC Tech Award in Music Practice is a practical, creative music qualification for learners aged 14–16 (Key Stage 4), but it is also often studied post-16 as a Level 1/2 qualification (equivalent to a GCSE). It focuses on real-world music industry skills, including performing, composing, and producing music—not just theory.



## Who is suitable for this course?

The BTEC Tech Award in Music Practice is designed for students who enjoy music and want to develop real-world, creative, and technical skills—especially those who prefer practical learning over traditional exams.

Have a Passion for Music

Want to Learn by Doing

Interested in Music Careers

## What will I learn?

The course is broken into three main components:

### Component 1: Exploring Music Products and Styles

- Learn about different music genres (pop, rock, classical, electronic, etc.)
- Explore how music is created and recorded
- Study music through listening and analysis

### Component 2: Music Skills Development

- Develop skills in:
  - Performing (instrument or voice)
  - Creating/Composing
  - Producing/Technology
- Record your progress in a logbook or portfolio

### Component 3: Responding to a Commercial Music Brief

- You complete a final project based on a real-world scenario
- Could involve composing or performing music for an event, campaign, or audience
- Assessed by Pearson (external exam board)

## What could I do at the end of the course?

- A Level 2 Pass/Merit/Distinction is worth the same as a GCSE (grades 4–9)
- Helps with college applications or job readiness

# MULTI SKILLS

The Multiskills qualification is a practical, hands-on course designed to introduce students to a range of construction and trade skills. It gives learners a broad foundation in different areas of building and maintenance, rather than focusing on just one trade.



## What will I learn?

Learners usually gain experience in multiple areas such as:

- Carpentry and Joinery
- Bricklaying
- Painting and Decorating
- Plumbing Basics
- Tiling and Plastering
- Basic Electrical Installation

It focuses on real-world tasks, health and safety, using tools correctly, and working as part of a team.

## How will I be assessed?

- You'll complete hands-on tasks in a workshop (e.g., build a small wall, fix pipework, paint a surface).
- These tasks are observed and assessed by your tutor.



## What could I do at the end of the course?

- A stepping stone to Level 2/3 construction qualifications or T Levels
- Recognised by colleges and employers in the construction industry



# COOKERY

The ASDAN FoodWise Short Course is a practical cookery program designed for post-16 learners (also available to ages 13–18) to develop kitchen skills, nutritional awareness, budgeting knowledge, and employability skills—all through hands-on cooking activities.



## Who is suitable for this course?

Anyone looking for learn how to be more independent in the kitchen in preparation for Adulthood.



## What will I learn?

- Based around a portfolio of challenges (e.g., plan, prepare, and review meals) with 10–60 hours of learning time.
- Typically covers modules such as:
  - Practical cooking skills
  - Nutrition and healthy eating
  - Budgeting and shopping
  - Food hygiene and safety
  - Sustainability(e.g., reducing waste)

## How will I be assessed?

Learners gather evidence—written plans, photos, evaluations—within an e-portfolio or paper portfolio. Tutors then assess this work to verify completion

## What could I do at the end of the course?

A Stronger CV or College Application

Credit      Toward      Other  
ASDAN Courses

Confidence                      and  
Independence

# DIGITAL SKILLS

Digital Functional Skills are qualifications that teach essential digital skills for everyday life and the workplace. They are practical, hands-on courses designed to help learners use computers, the internet, and digital devices safely, confidently, and effectively.

These qualifications are offered at Entry Level and Level 1, usually for post-16 learners who didn't study or pass digital skills earlier in school.



## Who is suitable for this course?

- Need digital skills to progress to further education, training, or work
- Are looking to gain confidence with computers, the internet, and online safety
- Are doing a supported learning, foundation, or life skills program

## What could I do at the end of the course?

- Digital Functional Skills qualifications are nationally recognised and often required by employers or training providers
- Can be a stepping stone to higher qualifications like Level 2 IT or digital apprenticeships
- The course prepares you for apprenticeships, customer service, admin, retail, care work, and more



## What will I learn?

Digital Functional Skills focus on real-life tasks such as:

1. Using Devices and Handling Information
  - Turning on and using laptops, phones, tablets
  - Organising files and folders
  - Searching for information online
2. Creating and Editing Content
  - Writing emails and documents
  - Using word processors, spreadsheets, and presentation tools
3. Communicating Online
  - Sending emails
  - Video calling
  - Online messaging and collaboration tools
4. Transacting Online
  - Shopping, banking, and booking services online
  - Understanding digital payments and safety
5. Being Safe and Responsible Online
  - Protecting personal information
  - Spotting scams and misinformation
  - Understanding online rights and risks

## How will I be assessed?

You complete a practical exam at the end of the course.

# DRIVING THEORY

It includes understanding the rules of the road, road signs, hazard perception, safe driving practices, and the legal responsibilities of drivers. In many countries, including the UK, passing a driving theory test is required before taking the practical driving test.



## Who is suitable for this course?

Once you approach your 17<sup>th</sup> Birthday you will be eligible for this course.

## What will I learn?

- Highway Code: Rules and laws for road users
- Road signs and markings
- Safe driving techniques
- Understanding hazards and how to respond
- Vehicle safety and maintenance basics
- Environmental driving (eco-driving)
- Legal responsibilities of drivers

## How will I be assessed?

The Driving Theory Test has two parts, both taken on the same day at a theory test centre:

## What could I do at the end of the course?

Once you have gained your Driving theory you will be able to be entered for your practical test.

# FOREST SCHOOL

AQA Unit awards can be offered to students who complete tasks in a number of different Forest School activities.



## Who is suitable for this course?

Students who like the outdoors will particularly enjoy this option as every session will provide something new and exciting for them to discover whilst developing their self awareness, and other skills listed above. As there is lots of craft and cooking activities included in the sessions, students who enjoy being creative and making food may also get a lot out of this opportunity.



## What will I learn?

Forest Schools is a holistic provision, promoting physical, mental and emotional wellbeing in our students. Forest Schools provides a safe and nurturing space for participants to develop key skills, by taking part in a wide range of activities:

- Bushcraft
- Building fires
- Climbing
- Typing knots
- Cooking
- Making shelters

By taking part in a range of these activities students will build resilience, learn to problem solve, assess risks, develop fine and gross motor skills and much more.

## How will I be assessed?

Forest Schools is holistic and as such there will be no direct assessment, outcomes for students will be measured on progress through session planning and reflection. If students do however choose to,

## What could I do at the end of the course?

Forest Schools is a great option that will support students overall outcomes at school, it gives students the opportunity to build on skills through curriculum links in each session, it will also provide them with practical skills that can be developed into particular career paths and keeping a portfolio of their work and progress would be beneficial.



# MECHANICS

The City & Guilds Vehicle Systems Maintenance course is a hands-on qualification designed for learners who want to work in the motor vehicle industry. It teaches the essential skills and knowledge needed to maintain and repair vehicles safely and effectively.

This course is typically offered at Entry Level, Level 1, or Level 2, depending on your experience and ability, and is aimed at post-16 learners.



## How will I be assessed?

- You'll complete a series of hands-on tasks in a workshop, such as:
  - Checking and replacing vehicle components
  - Using tools correctly and safely
  - Carrying out routine servicing
  - Diagnosing simple faults
- ✓ You are observed by your tutor/assessor while you work
- ✓ You must follow health and safety procedures
- ✓ Your tool use, accuracy, and independence are assessed

## What will I learn?

The course provides a broad introduction to vehicle maintenance and includes topics like:

Key Areas:

- Engine components and servicing
- Braking systems
- Suspension and steering
- Cooling and exhaust systems
- Wheels and tyres
- Vehicle electrics and batteries
- Routine maintenance and safety checks
- Tool use and workshop safety

## Who is suitable for this course?

- Post-16 learners interested in cars, mechanics, or engineering
- Learners who enjoy practical work and working with their hands
- Students who may find academic subjects challenging but thrive in vocational or technical environments

## What could I do at the end of the course?

. Progression Route

- Leads to further qualifications like:
  - Level 2/3 Diplomas in Motor Vehicle Engineering
  - Apprenticeships
  - Specialist automotive courses

# OUTDOOR EDUCATION

Outdoor Education (often called Outdoor Ed) is a subject or enrichment activity that takes learning outside the classroom. It focuses on physical, personal, and social development through activities in natural environments, such as:

Forests, parks, or countryside  
School gardens or outdoor classrooms  
Local outdoor centres or adventure sites



## Who is suitable for this course?

Prefer Practical Learning

- Struggle with classroom-based or written work
- Learn best through movement, teamwork, and real-world tasks
- May be shy, anxious, or have low self-esteem
- Want to improve teamwork, leadership, and independence
- Enjoy Being Active
- Like physical activity, sports, or outdoor challenges
- Want a course that keeps them moving and engaged

## What will I learn?

At post-16, students face new pressures—college, work, independence—and Outdoor Ed offers huge benefits for their wellbeing, skills, and confidence.

### 1. 🧠 Boosts Mental Health

- Being outside reduces stress, anxiety, and burnout
- Helps with focus, especially for students with ADHD or social challenges

### 2. 💪 Improves Physical Fitness

- Encourages active lifestyles
- Combats the effects of too much screen time or inactivity

### 3. 👥 Builds Social and Teamwork Skills

- Learners work together, solve problems, and support each other
- Great for communication, leadership, and trust

### 4. 🛠️ Develops Life Skills

- Includes risk awareness, resilience, time management, and independence
- Useful for students preparing to live on their own or work in practical environments

### 5. 🛠️ Hands-On Learning for Practical Learners

- Especially beneficial for students who struggle with classroom learning or exams
- Ideal for those with SEND, behavioural needs, or alternative learning styles

### 6. 📈 Supports Progression

- Can lead to further study or work in:
  - Outdoor leadership
  - Sports coaching
  - Environmental conservation
  - Public services or military careers

# PRINCES (KINGS) TRUST

**The Prince's Trust is a UK-based charity founded by King Charles III (then Prince of Wales) in 1976. It supports young people aged 11 to 30, especially those who are disengaged from education, unemployed, or facing personal challenges, to build confidence, gain skills, and move into work, education, or training.**

**For post-16 students (aged 16 and over), The Prince's Trust offers practical, experience-based programmes designed to help them develop personal and professional skills.**



## How will I be assessed?

Students will create a portfolio of evidence for each unit completed. This will then be verified by our internal assessor.



## What will I learn?

The Prince's Trust Achieve Programme Delivered in schools and colleges for 13–19-year-olds (including post-16).

A flexible, practical programme focusing on personal development, teamwork, employability, and enterprise.

Students often earn a Prince's Trust Certificate or Award in Personal Development and Employability Skills (PDEPS).

Team Programme (ages 16–25)

A 12-week full-time course focusing on teamwork, community projects, work experience, and personal development. Especially good for young people not in education, employment, or training (NEET).

Enterprise Programme (ages 18–30)

Helps young people explore setting up their own business, including training, mentorship, and potential funding.

## Who is suitable for this course?

The Prince's Trust Team Programme is designed to help young people aged 16–25 who are not in employment develop transferable skills that are essential to pursue a successful career in education or employment.

## What could I do at the end of the course?

We will help you to get into further education, training or employment.



# PUBLIC SERVICES

The Introductory Uniformed Public Services Level 1 qualification will allow you to prepare for a career in the uniformed Public Services.

Students will gain an understanding of this industry in general and an insight into the various career options available. As an introductory to the services, you will learn about Police powers, public service roles in other sectors and how-to response and deal with emergency incidents.



## Who is suitable for this course?

The entry requirements for this course are:

- 4 GCSEs at Grade 1 or above including maths and English



## What will I learn?

This course consists of the following modules:

- Developing a personal progression plan
- Being organised
- Finding out about public services
- Taking part in fitness testing
- Carrying out security searches
- Responding to an Incident
- Planning and navigating a route
- Assisting members of the public
- Contributing to your community
- Taking part in sport and adventurous activities

The NCFE Uniformed Public Services qualification is a great option for post-16 students who are:

- Interested in a career in the public or protective services
- Motivated by physical and team-based activities
- Looking for a practical alternative to traditional A-levels

It combines relevant skills, fitness, and employability, giving students a strong foundation for further education or public service careers.

## How will I be assessed?

- Assignments
- Presentation
- Reports
- Role play

All assignments must be submitted on or before the deadline set, to enhance your success and potential grade.

All assessments will offer you an opportunity to pass at one of the following three standards: Pass, Merit and Distinction.

## What could I do at the end of the course?

## Progression Opportunities

- Employment: Entry-level roles in the armed forces, police, fire service, etc.
- Apprenticeships: Emergency services or public sector roles
- Further education: Degrees in criminology, public services, law, policing, or related areas



# SOCIOLOGY

Sociology is the study of human social life and social relationships. Sociologists investigate and explain the social world and our behaviour in it. This involves examining how people live together in society and how they interact with each other in small groups, communities and large organisations. Sociologists try to understand not only the ways in which society influences us in our daily lives but also the ways in which we shape society.



## Who is suitable for this course?

Many students study Sociology for the personal enrichment it brings them, broadening their minds and enabling them to see their world in new and interesting ways. If you choose to study Sociology you will gain a range of very valuable skills; for example, you will learn how to work independently; you will learn how to find information, extract what is important from it and turn it into an argument. With newly acquired skills and insights into the workings of society it is not surprising that a wide range of employers see a Sociology qualification as being highly relevant; many students decide to continue their Sociology studies at college and then beyond to university to study a degree or post graduate qualification in the subject.

## What will I learn?

We will follow the new AQA Specification  
In summary, there are seven key areas  
that students are asked to consider:

1. The sociological approach
2. Social structures, social processes and social issues
3. Families
4. Education
5. Crime and deviance
6. Social stratification
7. Sociological research methods
  - The sociology of families
  - The sociology of education
  - Relevant areas of social theory and methodology

Students will be expected to draw on knowledge and understanding of the entire course of study to show a deeper understanding of these topics.

## How will I be assessed?

2 Written exams at the end of the 2 year course.

## What could I do at the end of the course?

With newly acquired skills and insights into the workings of society it is not surprising that a wide range of employers see a Sociology qualification as being highly relevant; many students decide to continue their Sociology studies at college and then beyond to university to study a degree or post graduate qualification in the subject

